



ACTIVE ADULT AUGUST 2026

434 Prior Street SE Gainesville, GA 30501 (T) 770.503.3331

Monday-Friday 1:00-3:00 pm



GAINESVILLE

MON

TUE

WED

THU

FRI

3

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



4

Senior Planet
Using Voice Assistants

11:00 am-12:00pm

Free for 50+



5

Open Gym Time

1:00-3:00 pm

Free M/\$5 NM



6

Open Art Time

1:00-3:00 pm

Free M/\$5 NM

Come and create your own masterpiece!



7

Open Gym Time

1:00-3:00 pm

Free M/\$5 NM



10

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



11

Senior Planet
Mindfulness Apps

11:00 am-12:00pm

Free for 50+



12

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



13

Open Art Time

1:00-3:00 pm

Free M/\$5 NM

Come and create your own masterpiece!



14

Open Gym Time

1:00-3:00 pm

Free M/\$5 NM



17

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



18

Senior Planet
Smartphone Photography

11:00 am-12:00pm

Free for 50+



19

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



20

Book Club

12:30-2:30 pm

Free M/\$5 NM



21

Open Gym Time

1:00-3:00 pm

Free M/\$5 NM



AUGUST 2026

MON

24

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



TUE

25

Senior Planet
Podcast Apps

11:00 am-12:00pm

Free for 50+



WED

26

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



THU

27

Creative Creations
Craft Workshop

1:00-3:00 PM

\$10 M/\$20 NM

Please register by
August 21st!



FRI

28

Open Gym Time
1:00-3:00 pm
Free M/\$5 NM



31

Cardio Fit
with Julie Adams

2:00-2:45 pm

Free M/\$2 NM

Silver Sneaker members are free



Active Adult Center is open to Hall County residents (50+).

Join and receive membership discounts or free classes.

Also receive access to the gym, card room, billiard room, art room, and library.

Membership is \$50 for the year.

Register for classes by calling Katie @ 770.503.3353 or emailing @
kkostelansky@gainesvillega.gov. Some classes are limited, register today!

M=Active Adult Members; NM=Non-member or out county resident (50+)

