

JULY

## GAINESVILLE-HALL COUNTY ACTIVE ADULT CENTER

2025

434 Prior Street, SE Gainesville, Georgia 30501

Telephone: (770) 503-3336

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

**LUNCH AND LEARN  
LIFE AFTER  
55 SERIES**

Genuine Conversations concerning today's senior living issues and options.

**HOME HEALTH AND IN HOME CARE**  
Join us as we hear from Anthony Crossley of Amada Senior Care.

**Topics covered:**

- The difference between the two.
- Essential legal documents needed for home health.
- Cost associated with these.
- Qualifications and certifications to look for in providers.

July 21  
11:45-1:00

434 Prior Street SE, Gainesville, GA  
Free event, but registration is required.




**Silver Sneakers-Strength Training**  
with Cat Baldwin  
**9:00-9:45 AM**

**Free for Silver Sneaker Members Only!****Senior Planet Computer Class-**

Watching Videos on YouTube  
**11:45 AM-12:45 PM**  
**SENIOR PLANET**  
FROM AARP

**Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM

Free M/\$2 NM

**Mah Jongg with friends**

1:00-3:00 PM  
Free for members!

**CENTER CLOSED****Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM

Free M/\$2 NM



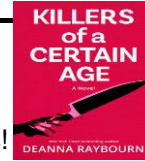
**Silver Sneakers-Zumba**  
with Cat Baldwin  
**10:00-10:45 AM**

**Free for Silver Sneaker Members Only!****Senior Planet Computer Class-**

YouTube  
**11:45 AM-12:45 PM**  
**SENIOR PLANET**  
FROM AARP

**Book Club**

1:00-3:00 PM  
Free for Members!

**Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM  
Free M/\$2 NM

**Mah Jongg with friends**

1:00-3:00 PM  
Free for members!

**Open Art Time**

1:00-3:00 PM  
Free M/\$5 NM



Come and create a canvas or  
paint a wooden masterpiece!

**Mindfulness Class**

12:00-12:45 PM  
Free M/\$2 NM

**Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM  
Free M/\$2 NM



**Senior Planet Computer Class-**  
Listening to Podcasts  
**11:45 AM-12:45 PM**

**SENIOR PLANET**

**Summer Craft Workshop  
Custom Creations**

\$10 M/\$20 NM  
1:00-3:00 PM

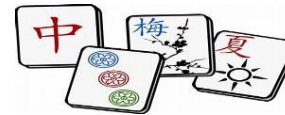
**Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM

Free M/\$2 NM

**Mah Jongg with friends**

1:00-3:00 PM  
Free for members!

**Open Art Time**

1:00-3:00 PM  
Free M/\$5 NM



Come and create a canvas or  
paint a wooden masterpiece!

**Lunch and Learn**  
**Home Health&In Home Care**  
11:45 AM-1:00 PM

Register by scanning QR Code

**Dancing to the Oldies**

2:00-2:45 PM  
Free M/\$2 NM



**Silver Sneakers-Zumba**  
with Cat Baldwin  
**10:00-10:45 AM**

**Free for Silver Sneaker Members Only!****Senior Planet Computer Class-**

Instagram Basics  
**11:45 AM-12:45 PM**  
**SENIOR PLANET**  
FROM AARP

**Dancing to the Oldies**

with Cat Baldwin  
2:00-2:45 PM

Free M/\$2 NM

**Mah Jongg with friends**






1:00-3:00 PM  
Free for members!

**Open Art Time**

1:00-3:00 PM  
Free M/\$5 NM



Come and create a canvas or  
paint a wooden masterpiece!

<p>28</p> <p><b>Mindfulness Class</b> 12:00-12:45 PM Free M/\$2 NM</p>	<p>29</p> <p><b>SENIOR LIFE BIG KAHUNA AMBASSADOR PAGEANT</b></p>	<p>30</p> <p><b>Dancing to the Oldies</b> with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p>	<p>31</p> <p><b>Mah Jongg with friends</b> 1:00-3:00 PM Free for members!</p>	
<p><b>Dancing to the Oldies</b> with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p> 	<p><b>&amp; HAWAIIAN LUAU</b> 11:00 AM-1:00 PM</p> 	 		

Active Adult Center is open to Hall County residents (50+). Join and receive membership discounts or free classes. Also receive access to the gym, card room, billiard room, art room, and library. Membership is \$50 for the year.

Register for classes by calling Katie @ 770.503.3353 or emailing @ [kkostelansky@gainesvillega.gov](mailto:kkostelansky@gainesvillega.gov).

**M=Member of Active Center or Silver Sneakers (SS classes only) NM=Non Member or out of county resident (50+)**

\*\*\*\* **Silver Sneakers:** Check with your insurance for eligibility or go to <https://tools.silversneakers.com>. The Active Adult center is a flex center. You must sign in with the instructor before class and complete a waiver.



@ccoagainesvillehall