






















JUNE ACTIVE ADULT CENTER 2025

434 Prior Street, SE Gainesville, Georgia 30501 Telephone: (770) 503-3336

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mindfulness Class 1:00-1:45 PM Free M/\$2 NM 	Silver Sneakers-Strength Training with Cat Baldwin 9:00-9:45 AM Free for Silver Sneaker Members On	Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Mah Jongg with friends 1:00-3:00 PM Free for members! 	Open Art Time 1:00-3:00 PM Free M/\$5 NM  Come and create a canvas or paint a wooden masterpiece!
Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Silver Sneakers-Zumba with Cat Baldwin 10:00-10:45 AM Free for Silver Sneaker Members On Senior Planet Computer Class- Online RX Drug Resources 11:45 AM-12:45 PM 	Book Club 12:30-2:00 PM Free for Members! 	Mah Jongg with friends 1:00-3:00 PM Free for members! 	Open Art Time 1:00-3:00 PM Free M/\$5 NM  Come and create a canvas or paint a wooden masterpiece!
Free Lunch & Learn 11:45 AM-1:00 PM Scan QR Code Register by 6/13! 	Silver Sneakers-Zumba with Cat Baldwin 10:00-10:45 AM Senior Planet Computer Class- Sharing Photos-iPhone 11:45 AM-12:45 PM	Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Mah Jongg with friends 1:00-3:00 PM Free for members! 	Open Art Time 1:00-3:00 PM Free M/\$5 NM  Come and create a canvas or paint a wooden masterpiece!
Mindfulness Class 1:00-1:45 PM Free M/\$2 NM 	Patriotic Craft Workshop \$10 M/\$20 NM 1:00-3:00 PM	Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Mah Jongg with friends 1:00-3:00 PM Free for members! 	Open Art Time 1:00-3:00 PM Free M/\$5 NM  Come and create a canvas or paint a wooden masterpiece!
Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Silver Sneakers-Zumba with Cat Baldwin 10:00-10:45 AM Free for Silver Sneaker Members On Senior Planet Computer Class- Online Shopping 11:45 AM-12:45 PM	Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM 	Mah Jongg with friends 1:00-3:00 PM Free for members! 	Open Art Time 1:00-3:00 PM Free M/\$5 NM  Come and create a canvas or paint a wooden masterpiece!

Mindfulness Class

1:00-1:45 PM

Free M/\$2 NM

**Dancing to the Oldies**

with Cat Baldwin

2:00-2:45 PM

Free M/\$2 NM



Also receive access to the gym, card room, billiard room, art room, and library. Membership is \$50 for the year.

Register for classes by calling Katie @ 770.503.3353 or emailing @ kkostelansky@gainesvillega.gov.

M=Member of Active Center or Silver Sneakers (SS classes only) NM=Non Member or out of county resident (50+)

****Silver Sneakers: Check with your insurance for eligibility or go to <https://tools.silversneakers.com>. The Active Adult center is a flex center.

You must sign in with the instructor before class and complete a waiver.



 Like us on:
facebook®

LUNCH AND LEARN
LIFE AFTER 55 SERIES
Genuine Conversations concerning today's senior living issues and options.

Join us as we hear from
Rachel Scarboro of

 **Georgia Tech Center For Inclusive Design and Innovation**

Topics covered:

- What is Assistive Technology
- How Assistive Technology can help with everyday living
- Resources and products available

434 Prior Street SE, Gainesville

Free event, but registration is required

 **HEARTLAND REAL ESTATE**

June 16
11:45-1:00



Caroline Colonna
Seniors Real Estate Specialist®
404-680-5361
carolinecolonnare@gmail.com
carolinecolonna.com

Register here

