

DECEMBER ACTIVE ADULT CENTER 2024

434 Prior Street, SE Gainesville, Georgia 30501 Telephone: (770) 503-3336

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p style="text-align: right; font-weight: bold;">2</p> <p>Mindfulness Class 1:00-1:45 PM Free M/\$2 NM</p>  <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p> 	<p style="text-align: right; font-weight: bold;">3</p> <p>Open Art Time 1:00-3:00 PM Free M/\$5 NM</p>  <p>Come and create a canvas or paint a wooden masterpiece!</p>	<p style="text-align: right; font-weight: bold;">4</p> <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p>  	<p style="text-align: right; font-weight: bold;">5</p> <p>Mah Jongg with friends 1:00-3:00 PM Free for members!</p> 	<p style="text-align: right; font-weight: bold;">6</p> <p>Open Gym Time 1:00-3:00 PM Come and workout with a buddy or take an online class!</p> 
<p style="text-align: right; font-weight: bold;">9</p> <p>Mindfulness Class 1:00-1:45 PM Free M/\$2 NM</p>  <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p> 	<p style="text-align: right; font-weight: bold;">10</p> <p>Open Art Time 1:00-3:00 PM Free M/\$5 NM</p>  <p>Come and create a canvas or paint a wooden masterpiece!</p>	<p style="text-align: right; font-weight: bold;">11</p> <p>Book Club 12:30-2:00 PM Free for Members!</p>  <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p>  	<p style="text-align: right; font-weight: bold;">12</p> <p>Mah Jongg with friends 1:00-3:00 PM Free for members!</p> 	<p style="text-align: right; font-weight: bold;">13</p> <p>Open Gym Time 1:00-3:00 PM Come and workout with a buddy or take an online class!</p> 
<p style="text-align: right; font-weight: bold;">16</p> <p>Mindfulness Class 1:00-1:45 PM Free M/\$2 NM</p>  <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p> 	<p style="text-align: right; font-weight: bold;">17</p> <p>Open Art Time 1:00-3:00 PM Free M/\$5 NM</p>  <p>Come and create a canvas or paint a wooden masterpiece!</p>	<p style="text-align: right; font-weight: bold;">18</p> <p>Dancing to the Oldies with Cat Baldwin 2:00-2:45 PM Free M/\$2 NM</p>  	<p style="text-align: right; font-weight: bold;">19</p> <p>Mah Jongg with friends 1:00-3:00 PM Free for members!</p> 	<p style="text-align: right; font-weight: bold;">20</p> <p>Open Gym Time 1:00-3:00 PM Come and workout with a buddy or take an online class!</p> 



Coming soon...

New in January
Senior Planet
Computer classes
www.seniorplanet.org

Topics to include:

Smartphones
Social Media
Email
Web Browsers
Affordable Internet
and more...



Active Adult Center is open to Hall County residents (50+). Join and receive membership discounts or free classes. Also receive access to the gym, card room, billiard room, art room, and library. Membership is \$50 for the year.

Register for classes by calling Katie @ 770.503.3353 or emailing @ kkostelansky@gainesvillega.gov.

M=Member of Active Center or Silver Sneakers (SS classes only) NM=Non Member or out of county resident (50+)

****Silver Sneakers: Check with your insurance for eligibility or go to <https://tools.silversneakers.com>. The Active Adult center is a flex center. You must sign in with the instructor before class and complete a waiver.

